

# **SAILING INSTRUCTIONS**

## **Coastal Night Race supported by Boxing Rock Brewing**

### **Sail Nova Scotia**

**Friday, June 12<sup>th</sup>, 2026**

*Organizing Authority: Sail Nova Scotia*

## **1 Rules**

- 1.1 The event is governed by the rules as defined in the 2025 – 2028 Racing Rules of Sailing.
- 1.2 Rules of the Sail Nova Scotia PHRF-NS fleet shall apply.
- 1.3 The navigation rules of the International Regulations for Preventing Collisions at Sea (IRPCAS) replaces RRS Part 2 from 2000 Atlantic Daylight Time (ADT) (UTC – 3 hr.) until 0800 ADT each day, and when visibility is reduced.
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- 1.5 RRS 56.2 shall not apply. However, vessels shall avoid commercial traffic using the TSS. Except when acting in accordance with RRS 1.1 Helping Those in Danger or SI 11 Interference with Shipping, engines shall be operated only for charging batteries or providing other electrical power.

## **2 Changes to the Sailing Instructions**

- 2.1 Any change to the sailing instructions shall be posted before 1200hr on the day it will take effect, except that any change to the schedule of races will be posted by 2200hr on the day before it will take effect.

## **3 Communication**

- 3.1 Notice to competitors will be posted on the official notice board at <https://sailnovascotia.ca/racing/coastal-night-race-supported-by-boxing-rock-brewing/>
- 3.2 The Race Committee will use VHF channel 72 as the working channel.
- 3.3 The following communications will be made by the Race Committee on the working channel 72:
  - Start area location
  - Check in communications
  - Times to class start
  - Recalls
  - Relevant traffic information
  - Course changes

- 3.4 Boats are permitted to communicate with anyone provided no tactical, strategic or other technical advice is exchanged. This changes RRS 41.

## **4 Signals Made Ashore**

- 4.1 Signals made ashore will be made from the drunken lamp posts at Bishops Landing

## **5 Schedule**

- 5.1 Skippers meeting will be held virtually on Google Meet on June 11th at 1900hr  
<https://meet.google.com/uey-dvas-oro>
- 5.2 The scheduled time of the warning signal for the first class to start is Friday, June 12th at 1900hr's.
- 5.3 One race is to be sailed

## **6 Class Flags**

- 6.1 The Class flag shall be dark blue

## **7 Racing Area**

- 7.1 The racing area will be in the Halifax Harbour and its approaches

## **8 Course**

- 8.1 The course to be sailed will be discussed among competitors in the competitors meeting. The Final course will be determined prior to the start and broadcasted over channel 72 before the starting sequence.

## **9 Marks**

- 9.1 The following navigational buoys shall be passed on their proper side, unless they are marks of the course:
- Hens and Chickens HQ2
  - Point Pleasant H19
  - Ives Knoll West H22
  - Ives Knoll North HT2

## **10 Safety Regulations**

- 10.1 Prior to her preparatory signal, and after the RC announces that the Check-In is open, each vessel shall inform the RC of her intention to race via VHF Ch 72. The check in shall include the yacht name, sail number and number of persons on board. Check-in is not complete until a response is received from the RC.

## **11 Interference with Shipping**

- 11.1 Yachts shall not interfere with the orderly passage of a naval or commercial ship.
- 11.2 Any yacht breaching SI 11.1 will be subject to protest by the Race Committee and may be denied entry to subsequent events.
- 11.3 Serious or continued breaches of SI 11.1 may be investigated by the Organizing Authority and/or Sail Nova Scotia to determine if further action is appropriate and what such action may be.

## **12 The Start**

- 12.1 The starting line shall be between a staff displaying an orange flag on the Wharf at Bishops Landing and the Georges Island lighthouse
- 12.2 A boat that does not start within 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

## **13 Change of Course**

- 13.1 The Race Committee may signal that a race will be shortened to finish at a designated mark by means of a radio transmission to the fleet before the first boat in a class reaches that mark. If no Race Committee boat is on station at the mark, competitors shall pass within one boat-length of the mark, take their own time (using GPS time) as they cross a line perpendicular to the rhumb line to the leg just completed. Finish times should be immediately communicate by emailing [henry.lockyer@dal.ca](mailto:henry.lockyer@dal.ca) at the earliest opportunity stating the boat name, sail number and finish time to the second.
- 13.2 The Race Committee may signal a change in the course by means of a radio transmission on VHF Channel 72 to the fleet before the first boat in a fleet reaches the mark at which the change becomes effective. This changes Rule 33.

## **14 The Finish**

- 14.1 The finish line is between Hens and Chickens (HQ2) and Point Pleasant (H19)
- 14.2 Boats are to take their own time from a GPS as they cross this line.
- 14.3 Finish times are to be emailed to [henry.lockyer@dal.ca](mailto:henry.lockyer@dal.ca) at the earliest opportunity stating the boat name, sail number and finish time to the second.

## **15 Time Limits**

- 15.1 The time limit for all boats is June 13th 0700hr. Boats failing to finish within the time limit, will be scored Time Limit Expired (TLE) without a hearing.
- 15.2 The target time is 5-6 hours

## **16 Hearing Request**

- 16.1 For each boat the protest time limit is 1.5 hours after that boat finishes.
- 16.2 Protest forms are available online on the RNSYS website [www.rnsys.com/racing](http://www.rnsys.com/racing). Protests shall be emailed to [henry.lockyer@dal.ca](mailto:henry.lockyer@dal.ca) within the time limit
- 16.3 Notices will be posted and the parties to the hearing will be contacted as soon as possible, after the protest time limit to inform them of hearings in which they are parties or named as witnesses.

## **17 Scoring**

- 17.1 One (1) race is required to be completed to constitute a series.
- 17.2 The corrected time will be calculated using time-on-distance scoring using the course rhumb line as determined by the Race Committee.

## **18 Insurance**

- 18.1 Participating yachts shall be insured with valid third-party liability insurance with a minimum coverage of \$1,000,000 per event or the equivalent.

## **19 Prizes**

- 19.1 Prizes will be awarded to the top 3 finishers, the top boat with a female skipper & the team with the youngest average age
- 19.2 Awards will be presented the following day at 4 p.m. at Bishops Landing

## **20 Further Information**

- 20.1 For further information please contact Sail Nova Scotia at [office@sailnovascotia.ca](mailto:office@sailnovascotia.ca) or Henry Lockyer at (902) 403-7248

## **21 Risk Statement**

- 21.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.